



Monday

Tuesday

Wednesday

Thursday

Friday



4
NO SCHOOL
Labor Day

5
 Cereal
 String Cheese
 Fruit
 Milk

6
 Yogurt
 Granola
 Fruit
 Milk

7
 Banana Muffins
 Blueberry Muffins
 Fruit
 Milk

8
 Waffles
 Sausage
 Fruit
 Milk

11
 Cereal
 Yogurt
 Fruit
 Milk

12
 Scrambled Eggs
 Hashbrowns
 Fruit
 Milk

13
 Breakfast Burritos
 Nutri Grain Bar
 Fruit/Milk

14
 Banana Muffins
 Blueberry Muffins
 Fruit
 Milk

15
 Waffles
 Sausage
 Fruit
 Milk

18
 Cereal
 Yogurt
 Fruit
 Milk

19
 Scrambled Eggs
 English Muffin
 Fruit
 Milk

20
 Breakfast Sandwich
 String Cheese
 Fruit/Milk

21
 Banana Muffins
 Blueberry Muffins
 Fruit
 Milk

22
 Pancakes
 Fruit
 Milk

25
 Cereal
 Yogurt
 Fruit
 Milk

26
 Scrambled Eggs
 Toast
 Fruit
 Milk

27
 Yogurt
 Granola
 Fruit
 Milk

28
 Banana Muffins
 Blueberry Muffins
 Fruit
 Milk

29
 French Toast
 Sausage
 Fruit
 Milk





Monday

Tuesday

Wednesday

Thursday

Friday



4
NO SCHOOL
Labor Day

5
Sub Sandwich
Salad
Fruit
Milk

6
Teriyaki Chicken
Brown Rice
Broccoli
Fruit/Milk

7
Meatballs
Mashed Potatoes
Green Beans
Fruit/Milk

1
Hamburgers
Tater Tots
Salad
Fruit/Milk

11
Chicken Alfredo
Garlic Bread
Salad
Fruit/Milk

12
Chicken/Cheese
Quesadilla
Fiesta Corn
Fruit/Milk

13
Tacos
Refried Beans
Salad
Fruit/Milk

14
Salami Sandwich
Pasta Salad
Fruit
Milk

8
Pizza
Salad
Carrot Sticks
Fruit/Milk

15
Chicken Nuggets
Fries
Carrot Sticks
Fruit/Milk

18
Chili
Corn Bread
Veggie Sticks
Fruit/Milk

19
Hot Dogs
Tater Tots
Salad
Fruit/Milk

20
Chicken Burrito
Spanish Rice
Salsa
Fruit/Milk

21
Turkey Sandwich
Salad
Fruit/Milk

22
Chicken Patty Sandwich
Bell Pepper Slices
Potato Wedges
Fruit/Milk

25
Spaghetti
Garlic Bread
Salad
Fruit/Milk

26
Sub Sandwich
Potato Salad
Fruit
Milk

27
Beef & Bean Burrito
Salsa
Fruit/Milk

28
Chicken & Dumplings
Mashed Potatoes
Fruit/Milk

29
Pizza
Veggie Sticks
Fruit
Milk

MENUS ARE SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



SEPTEMBER 2023 JUNCTION CITY SCHOOL

OFFERED DAILY:
FRESH FRUIT, VEGGIES
1% MILK / FAT FREE CHOCOLATE

Monday

Tuesday

Wednesday

Thursday

Friday



4
NO SCHOOL
Labor Day

5
PB&J
Veggie Sticks
Fruit
Milk

6
Strawberry Smoothie
Graham Crackers
Fruit/Milk

7
Soft Pretzels
Peanut Butter
Fruit
Milk

1
Cereal
Veggie Sticks
Fruit
Milk

11
Cheese Quesadilla
Salad
Fruit/Milk

12
Yogurt
Crunchy Pretzels
Fruit
Milk

13
English Muffin Pizza
Fruit
Milk

14
PB&J
String Cheese
Fruit
Milk

8
Cereal
String Cheese
Fruit
Milk

18
Yogurt
Wheat Thins
Fruit
Milk

19
PB&J
String Cheese
Fruit
Milk

20
Chicken Nuggets
Salad
Fruit/Milk

21
Fruit Smoothie
Celery Sticks
Fruit/Milk

15
Cereal
String Cheese
Fruit
Milk

25
Fruit Smoothie
Graham Crackers
Fruit
Milk

26
PB&J
String Cheese
Fruit
Milk

27
English Muffin Pizza
Fruit
Milk

28
Yogurt
Crunchy Pretzels
Fruit
Milk

22
Cereal
String Cheese
Fruit
Milk

29
Cereal
String Cheese
Fruit
Milk

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